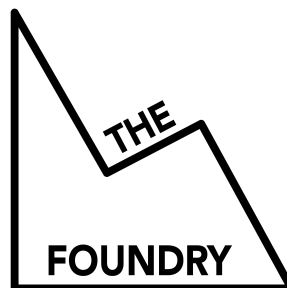


# Health and safety policy

The Foundry Mountaineering Club C.I.C

Foundry Climbing Coaching Ltd

Updated 04/2022 (KB)



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# 1. Introduction

- 1.1. We aim to ensure that all members and visitors of The Foundry Mountaineering Club C.I.C (“FMC”) facilities can use the facility safely. There are areas of possible hazard and as such we have put in place systems to reduce these hazards to an acceptable level.
- 1.2. We do this by:
  - 1.2.1. Documenting and making available any necessary health and safety documentation.
  - 1.2.2. Providing adequate control measures of any associated risks arising from activities that the Club conducts through our Standard Operating Procedures (“SOPS”).
  - 1.2.3. Ensure first aid provisions are available.
  - 1.2.4. Prevent where possible and record accidents, incidents and near misses with the aim of reducing occurrences in the future.

## 2. Design and construction of the climbing services

- 2.1. The climbing surfaces are inspected to ensure they are safe to use.
- 2.2. All new building work will be conducted to at least the minimum standard building regulations applicable.

## 3. Café / Shop

- 3.1. We aim to keep all users of FMC safe. Our risk assessments indicate potential hazards and the associated control measures and our SOPS highlight that these measures are actioned. These actions range from correct stock rotation and cleaning procedures in our café to PAT testing all electrical devices.
- 3.2. We can also ensure other aspects of FMC are fit for purpose. Such as fire detection and alarm systems are kept up to date with regular inspections as per our SOP maintenance file.

## 4. Maintenance and inspection

- 4.1. All maintenance and inspection shall be overseen by management and recorded in the safety check file.
- 4.2. Any damaged or worn equipment is removed from use immediately and left for management to record, inspect and destroy.
- 4.3. Inspection log includes:

- 4.3.1. Metal work – biannual
- 4.3.2. Ropes- weekly
- 4.3.3. Auto belays – weekly, biannual & annual external recertification
- 4.3.4. Gym equipment- monthly
- 4.3.5. Harness- monthly
- 4.3.6. Fire safety equipment – Weekly, monthly and biannual
- 4.3.7. Security equipment

## 5. Centre users

- 5.1. All new members complete an online registration waiver. They are asked to complete a new one every three years to ensure information held is up to date. Specific details can be found in our SOP.
- 5.2. All new climbers under instruction have completed either a paper or digital login and consent.
- 5.3. During these processes they will have signed to say that either or their parent, legal guardian is aware of the BMC participation statement and will highlight any relevant medical issues. FMC takes all necessary precautions to try and ensure the safety of all participants and visitors, unfortunately accidents may occur as a consequence of participation in this activity.
- 5.4. Each participant should familiarise themselves with the hazards and try and minimise these as much as possible by complying with Rules and Conditions of Use of FMC.

## 6. Members

- 6.1. Only those competent may climb unsupervised in the centre.
- 6.2. Members may be
  - 6.2.1. Bouldering
  - 6.2.2. Bouldering and auto belay
  - 6.2.3. Bouldering, auto belay and roped climbing.

## 7. Over 18 members

- 7.1. To register as a member, a climber may be asked to prove at reception that they are competent to climb unsupervised for their level of membership.
- 7.2. Full details can be found in our SOPS and are explained in the conditions of use.

## **8. Under 18's members**

- 8.1. Under 18-year olds who wish to become members must follow the above procedure. They must also have been approved by an instructor or competent member of staff and have been authorised by their parent or legal guardian.

## **9. Supervising under 18's and/ or novice guest**

- 9.1. Competent registered members may sign in up to 2 novice guests by completing a novice guest form. The supervisor is fully responsible for their guests for the duration of their climb.

## **10. External instructors**

- 10.1. A qualified instructor, who has submitted proof of insurance and relevant qualification to FMC may sign in up to 8 guests. This process is completed by signing them in on an external instructor form. It is up to the instructor to explain the risks of the activities to the climbers and ensure that the climbers have the relevant consent.
- 10.2. We record instructor details on Rock Gym Pro so request an electronic copy is sent prior to the session. A full explanation of memberships is in our SOPS.

## **11. Internal instructors**

- 11.1. All internal, FMC instructors and coaches are qualified and have first aid qualification. They operate under FIC's insurance and operate to a maximum ratio of 1:9. There are full notes in the SOP as well as session plans to ensure that groups operate safely.

## **12. Monitoring**

- 12.1. FMC staff regularly monitor the climbing areas to ensure climbers and users are operating safely. All instructors and members are encouraged to alert club staff if they see anything they feel to be unsafe. However, all climbers in the climbing hall are either competent or being looked after by competent climbers or instructors.

Both registered competent climbers and instructors have agreed to abide by Club conditions of use. Monitoring by staff is to help maintain safety, not to guarantee it.

## **13. Emergency procedures**

- 13.1. FMC records whenever an accident or near miss occurs. Primarily this review allows us to adjust our policies and procedures to continue to improve our safety policies and procedures.
- 13.2. All accidents and near misses are recorded and followed up by management and investigated if required. The purpose of the reporting is to firmly establish the facts and what caused the incident. We request statements from witnesses and record the details of the incident including equipment used that may have contributed.
- 13.3. Serious injuries are reportable to RIDDOR and our insurance company.

## **14. Contact:**

Please contact us if you have any questions:

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