

# Risk Assessment 13: Offsite sessions

Date: 13/04/21

## Document History:

Draft Document Karl Bacon 12/04/2021

## Scope:

This risk assessment covers all staff working for Foundry Mountaineering Club CIC Ltd and Foundry Climbing Coaching Ltd.

## Documentation Review

Yearly in April

## Who needs to view this document:

- Instructors
- Coaches

## **NB. Activity specific risk assessments to be found in:**

- RA 5 Bouldering
- RA 6 Top and Bottom Roping
- RA 8 Lead Climbing
- RA 14 Weaselling

Hazard	The cause of the hazard	Who is at risk	Existing precautions	Risk level and impact
Ill health from sun	Exposure to sun	Group members Instructors	<ul style="list-style-type: none"> <li>In joining documents sent to group leader, advice to be given regarding having protection from the sun.</li> <li>Instructor to have a bottle of sun cream in personal kit.</li> </ul>	Medium risk/High impact
Ill health from cold temperatures	Exposure to cold temperatures or wind chill	Group members Instructors	<ul style="list-style-type: none"> <li>In joining documents sent to group leader advice to be given regarding having appropriate clothing and footwear.</li> <li>Instructor to carry some spare warm clothes and consider carrying a group shelter depending on the location and or activity.</li> <li>Instructors to check with up-to-date weather forecast to ensure planned activities and locations are appropriate for the actual weather conditions.</li> <li>Instructor to make alternate plans in the advent of adverse weather and share that plan with management.</li> <li>Instructor to inform management of their safe return to base. A cut off time to be agreed so an alarm, in the event of getting into trouble, can be raised.</li> </ul>	Medium risk/High impact
Ill health due to hunger or thirst	Group having insufficient food and drink	Instructor and group members	<ul style="list-style-type: none"> <li>In joining documents sent to group leader advice to be given on food and drink requirements for the day.</li> <li>Instructor to carry some emergency food and drink in kit for group use in a case of emergency.</li> </ul>	Low Risk/High Risk
Sprains and breaks	<p>Accidents caused by inappropriate location of activities.</p> <p>Accident caused due to low supervision when instructor is setting up belays again.</p> <p>Trips and falls on approach</p>	Instructor and group members	<ul style="list-style-type: none"> <li>Location of activity to be chosen based on group experience and skill level.</li> <li>Appropriate staffing levels.</li> <li>Where instructor is working alone and leaving the group is unavoidable a briefing should identify the safe place for the group to congregate.</li> <li>Any additional need for the group/individuals to be gained during the booking process.</li> <li>Location to be chosen with appropriate access.</li> <li>Joining details documentation to advise group leader about group wearing appropriate footwear.</li> </ul>	Low Risk/High Risk

	Accident caused by an existing injury.		<ul style="list-style-type: none"> <li>• Instructor to check medical conditions of the group via the information provided by the over 18 group members or the group leader on the group form completed on the day of the activity.</li> </ul>	
Ill health due to remoteness of activity	Accident leading to the need to perform Emergency First Aid	Instructor and group members	<ul style="list-style-type: none"> <li>• Instructors to carry an appropriate first aid kit and as required by their NGB qualification hold a valid in date first aid qualification.</li> <li>• Group leader or over 18 group members need to ensure they are carrying personal medical items and that they make instructor aware of existing medical conditions</li> </ul>	
Vehicle impact injury	Injury when crossing or walking across roads		<ul style="list-style-type: none"> <li>• Drop off and pick up points to be chosen that provide safety for group.</li> <li>• Group to be briefed by instructor.</li> <li>• Walk off road where appropriate.</li> <li>• Meeting point to be as close to activity site as possible and reducing need to cross roads.</li> </ul>	

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